

AVANTI

EVENTS LTD.

BREAKS & REFRESHMENTS

Fresh bites and refreshments to recharge
your day.

2026-27

www.getavanti.ca



A LITTLE SOMETHING TO KEEP THE DAY MOVING

Whether you're planning a morning meeting, afternoon training session or a full day at the office, Avanti Events makes it easy to keep your team refreshed and energized.

Our Meeting Breaks & Refreshments are designed for convenient corporate entertaining, with a selection of freshly prepared snacks, light bites and beverages that can be enjoyed on their own or added to any of our corporate catering menus.

EVERY MEETING BREAK ORDER INCLUDES:

- Professional delivery*
- Eco-friendly disposable plates, cutlery & napkins, as required
- Appropriate serving utensils
- Condiments & accompaniments specific to your menu
- Disposable beverage cups, lids, stir sticks & beverage accompaniments, where applicable
- Hot items delivered hot and cold items delivered chilled
- Friendly, professional service from ordering through delivery

FLEXIBLE BY DESIGN:

- Perfect for morning meetings, afternoon breaks, training sessions and conferences
- Available as a stand-alone refreshment service or as an addition to breakfast or lunch catering
- Menu selections suitable for a variety of dietary preferences
- Vegetarian, vegan, gluten-friendly, Halal and allergy-conscious options available
- Individually portioned and packaged options available upon request
- Customizable selections to suit your group and occasion

**Delivery is subject to applicable order minimums and delivery zones.*

+Prices subject to 13% HST

+Prices subject to 15% Service Charge (for staffed events only)

MID-MORNING

10 guest minimum per curated menu



THE QUICK-BITE

Assorted Mini Muffin & Pastry Assortment

Coffee, Tea & Ice Water

\$8.50ea

HARVEST CRUNCH

House-made Baked Granola Bars With Fruit Skewers

Coffee, Tea & Ice Water

\$9.00ea

THE YOGURT CULTURE

Individual Yogurt Parfait Cups With Berries, Honey & Granola

Coffee, Tea & Flavoured Sparkling Water

\$9.50ea

THE PROTEIN

Gourmet Frittata Bites With Wild Mushrooms, Asparagus & Goat Cheese

Coffee, Tea, & Fruit Infused Spa Water

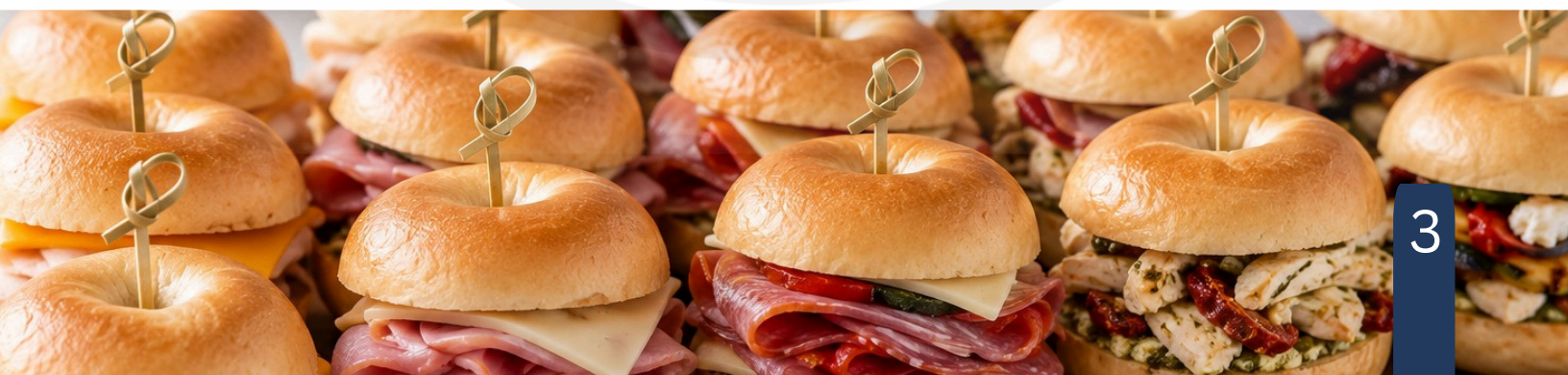
\$10.50ea

BAGEL SLIDERS

Turkey & Cheddar, Ham & Swiss, Italian Deli, Pesto Chicken & Mediterranean Veggie

Coffee, Tea & Flavoured Sparkling Water

\$12.00ea



MID-AFTERNOON

10 guest minimum per curated menu

COOKIE JAR

Assorted Fresh Baked Cookies

Coffee, Tea & Ice Water

\$8.00ea

SWEET & SALTY MIX

Individual Snack Bowls Of Our House-Made Snack Medley (No Nuts)

Coffee, Tea & Ice Water

\$8.75ea

THE GARDEN DIP

Portable Crudite Cups With Crisp Vegetable Sticks & Hummus

Coffee, Tea & Citrus-Infused Water

\$9.50ea

MEDITERRANEAN BREAK

Caprese Salad Skewers Served With Toasted Pita Triangles & Tzatziki Pots

Coffee, Tea, & Flavoured Sparkling Water

\$10.75ea

PREMIUM GRAZER

Mini Savoury Pinwheel Wraps Paired With A Domestic Cheeseboard & Crackers

Coffee, Tea & Fruit Infused Spa Water

\$12.75ea



A LA CARTE

SNACK TRAYS

BRANDED INDIVIDUAL BAGGED POPCORN	10 bags	\$21.95
BRANDED INDIVIDUAL BAGGED POTATO CHIPS	10 bags	\$19.95
KETTLE CHIPS & PRETZEL PLATTER	serves 10-12	\$27.95
HUMMUS & PITA PLATTER	serves 10-12	\$39.95
VEGETABLE CRUDITE & DIP	serves 10-12	\$38.95
ASSORTED HOUSE-MADE FOCACCIA SQUARES	24 pieces	\$48.95
WARM PARMESAN BREADSTICKS WITH MARINARA	serves 10-12	\$34.95
CHEESE, CRACKERS, GRAPES	serves 10-12	\$54.95
TORTILLA CHIPS with SALSA & QUESO	serves 10-12	\$34.95
SOFT PRETZEL BITES WITH MUSTARD & WARM CHEESE SAUCE	serves 10-12	\$39.95
BREAKFAST LOAF PLATTER	20 slices	\$31.95
MINI CANNOLI	24 pieces	\$44.95
SEASONAL FRESH FRUIT	serves 10-12	\$44.95
MINI TARTS & DESSERT TRAY	serves 10-12	\$44.95
ASSORTED FLAVOURED SPARKLING WATER	each	\$2.25
ASSORTED SOFT DRINKS	each	\$1.50
BOTTLED APPLE and/or ORANGE JUICE	each	\$1.95
COFFEE Regular Or Decaf (incl. Milk, Cream, Sugar/Sweetener, Cups/Lids & Stirstick)	serves 10	\$23.00
COFFEE Regular Or Decaf (incl. Milk, Cream, Sugar/Sweetener, Cups/Lids & Stirstick)	serves 10	\$23.00